

30 Day Challenge *Declutter*



Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Organise your ideas and thoughts, make a list	Remove old apps you don't use anymore	Clear out your purse or wallet of unwanted items	Organise your paperwork into folders	Delete unwanted emails	Create sub-folders for your emails, get organised
Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
"Challenge" No more than 30 emails in your in-box	Sort through your post. File important items	Organise your bathroom toiletries	Clear out your fridge of old stuff & clean	Clear out your freezer, make way for home cooking	Tidy your food cupboards
Day 13	Day 14	Day 15	Day 16	Day 17	Day 18
Clothes that just don't fit anymore - into the charity bag!	Throw away your holey and orphaned socks	Junk Drawers. Tidy and throw out unwanted stuff	Junk cupboard. Tidy and throw out unwanted stuff	Tidy kitchen worktops	Unwanted books - put in the charity bag
Day 19	Day 20	Day 21	Day 22	Day 23	Day 24
Organise your living room	Buy storage boxes and organise, it'll look great too	Label your new boxes so you know what's where	Unused toys - put in the charity bag	Bin unwanted & old notes, calendars etc. from your fridge & walls	Clear out your mind with some meditation
Day 25	Day 26	Day 27	Day 28	Day 29	Day 30
Reorganise your cupboards, you'll be amazed at what space you free up	DVD's & Blu-Ray's, do you still like that movie? If not, charity bag	Clear out & clean the inside of your car	THE GARAGE! Now here's a challenge	Pat yourself on the back for getting so organised. Treat yourself!	Commit to staying organised and decluttered